



Sarah

Barren *to*
Full of Faith



Week Four



Sarah

Week Four
Monday

God is Faithful to His Promises!

Do you *know* the faithfulness of God? Can you look back and trace His faithful hand in your life with answered prayers, direction, protection, and provision? All of us who walk with God can testify to His faithfulness in one way or another. The life of a child of God is branded, marked, and authenticated with the faithfulness of God! However, regardless of how faithful we have known Him to be in the past there is still so much more He desires to do in our future. And knowing and believing the promises of God are critical to this process!

Foundational to our faith is trusting in and being persuaded by the promises of God. Therefore, I want us to begin this week's study by taking time to meditate on what the word of God tells us about the faithfulness of God to His promises.

PROMISE

(noun)

-a declaration that something will or will not be done, given, etc., by one

-an express assurance on which expectation is to be based

Look up each of the following passages and note what they tell you about God's faithfulness and His promises.

- Psalms 89:34
- Numbers 23:19
- Joshua 23:14
- Hebrews 6:18
- Hebrews 6:13-14





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Week Four
Monday

Look up the word **faithful** in a dictionary and record a definition that best describes God's faithfulness.



Write out a prayer of thanksgiving to affirm God's faithfulness.





Sarah

Week Four

Tuesday

Live Stream

Verses

Topic

Points To Remember



Sarah

Week Four
Wednesday

Today let's begin by taking a look at the passages outlining the promises God gave to Abraham. Circle every time the Lord says, "I will," "I have," and underline what God promises to do.

"I will make you into a great nation, and I will bless you; I will make your name great, and you will be a blessing. I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you.

Genesis 12:1-3

The Lord appeared to Abram and said, "To your offspring I will give this land." So he built an altar there to the Lord, who had appeared to him.

Genesis 12: 7

And the Lord said to Abram, after Lot had separated from him: "Lift your eyes now and look from the place where you are—northward, southward, eastward, and westward; for all the land which you see I give to you and your descendants forever. And I will make your descendants as the dust of the earth; so that if a man could number the dust of the earth, then your descendants also could be numbered. Arise, walk in the land through its length and its width, for I give it to you." Genesis 13:14-16

On the same day the Lord made a covenant with Abram, saying: "To your descendants I have given this land, from the river of Egypt to the great river, the River Euphrates— the Kenites, the Kenezites, the Kadmonites, the Hittites, the Perizzites, the Rephaim, the Amorites, the Canaanites, the Girgashites, and the Jebusites." Genesis 15:18-19

No longer shall your name be called Abram, but your name shall be Abraham; for I have made you a father of many nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. And I will establish My covenant between Me and you and your descendants after you in their generations, for an everlasting covenant, to be God to you and your descendants after you. Also I give to you and your descendants after you the land in which you are a stranger, all the land of Canaan, as an everlasting possession; and I will be their God." Genesis 17: 5-8



Sarah

Week Four
Wednesday

Then God said to Abraham, “As for Sarai your wife, you shall not call her name Sarai, but Sarah shall be her name. And I will bless her and also give you a son by her; then I will bless her, and she shall be a mother of nations; kings of peoples shall be from her.” Genesis 17:15–16

In the space below make a list (from what you learned in the above passages) of all that God promised to do.

The passages above emphasize God’s part as the Promise Giver. He promised to do the impossible. But every promise of God requires a corresponding action on the part of the recipient. Read through the following passages circling the phrase “by faith” and underline the word “therefore.”

By faith Abraham obeyed when he was called to go out to the place which he would receive as an inheritance. And he went out, not knowing where he was going. By faith he dwelt in the land of promise as in a foreign country, dwelling in tents with Isaac and Jacob, the heirs with him of the same promise; for he waited for the city which has foundations, whose builder and maker is God.

By faith Sarah herself also received strength to conceive seed, and she bore a child when she was past the age, because she judged Him faithful who had promised. Therefore from one man, and him as good as dead, were born as many as the stars of the sky in multitude—innumerable as the sand which is by the seashore. (Romans 11:8–12)





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Week Four
Wednesday

Now in your own words summarize God's part and Abraham and Sarah's part.

GOD'S PART

ABRAHAM AND SARAH'S PART

Sometimes we get overwhelmed thinking there are 101 things we need to do. In reality God has promised to do the heavy lifting we simply need to take the next step in faith. The Word of God is more than sufficient to support the weight of any problem or obstacle.

It's Your Turn

What is your impossibility? We all have at least one. Maybe you have placed it on the back shelf, but it is time to bring it before the Lord. Write it out.

Faith (Greek - pistis)
Strong's: 4102

To win over, persuade.
Faith. Subjectively meaning firm persuasion, conviction, belief in the truth, veracity, reality of faithfulness.

Do you have a promise from God for your impossibility or do you need a promise from God? Write out either a faith response to the promise you have already been given from His word or write out a request asking for a specific promise for your problem. Tomorrow we will look at how to prepare ourselves to fight the good fight of faith for the impossibilities of life with the promises of God.





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Genesis 21: 1 records these gorgeous words...

And the Lord visited Sarah as He had said,
and the Lord did for Sarah as He had spoken.

God is always faithful to His word!

Using the above verse, I want you to replace Sarah's name with your name.

And the Lord visited _____ as He had said,
and the Lord did for _____ as He had spoken.

Genesis 21:1

Now say it out loud as a prophetic declaration.

In the video lesson this week we talked about a missing ingredient to Sarah's faith. (If you have not yet listened to the teaching for Week 4 go and do that now before preceding) What was missing?

Can you relate to her struggle to believe? If yes, explain why and what you struggle with specifically.

Faith comes from hearing the word of God and faith begins where the will of God is known, and God's word is His will. This is why it is imperative that we immerse ourselves in the word of God. Read the following passage in both translations and answer the corresponding questions.





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Week Four
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For as many as are the promises of God, they all find their Yes [answer] in Him [Christ]. For this reason we also utter the Amen (so be it) to God through Him [in His Person and by His agency] to the glory of God. 2 Corinthians 1:20 (AMPC)

For no matter how many promises God has made, they are “Yes” in Christ. And so through him the “Amen” is spoken by us to the glory of God. 2 Corinthians 1:20 (NIV)

Put a check in the box for the one that applies and draw a line to cross out the ones that don't apply.

- God has said Yes (in Christ) only to the promises He has revealed to me in a special and significant way.
- God has said Yes (in Christ) to some promises and No to some promises.
- God has said Yes (in Christ) to some promises and I can't be certain which ones.
- God has said Yes (in Christ) to ALL of His promises and I can confidently know they ALL are available to me.

According to this passage what will the result be of our Amen?

In **John 15:7** Jesus gives us a key to a successful prayer life. What is the key?

The word “amen“ is a most remarkable word. It was transliterated directly from the Hebrew into the Greek of the New Testament, then into Latin and into English and many other languages, so that it is practically a universal word. It has been called the best known word in human speech. The word is directly related – in fact, almost identical – to the Hebrew word for “believe“ (amam), or faithful. Thus, it came to mean “sure“ or “truly“, an expression of absolute trust and confidence. – HMM (from BlueletterBible.com)





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Thursday

Read through the following passage and underline the phrase "*he considered not.*"

(As it is written, I have made thee a father of many nations,) before him whom he believed, even God, who quickeneth the dead, and calleth those things which be not as though they were.

Who against hope believed in hope, that he might become the father of many nations, according to that which was spoken, So shall thy seed be.

And being not weak in faith, he considered not his own body now dead, when he was about an hundred years old, neither yet the deadness of Sarah's womb:

He staggered not at the promise of God through unbelief; but was strong in faith, giving glory to God;

And being fully persuaded that, what he had promised, he was able also to perform. Romans 4:17-20

Focus is critical when it comes to faith. Faith is not a denial of reality but it requires a steadfast refusal on our part of choosing NOT to focus on the problem but instead choosing to focus on the promise of God.

Consider

(Gk. Katanoeō)

to consider attentively, fix one's eyes or mind upon

There are two kinds of truth- the truth you see and know with your physical senses and the Truth that is only known and experienced by faith in the Word of God. We must learn to see with our spiritual lenses not our physical ones. When the natural world contradicts the Word of God (His promises) then I must choose to believe His word! What the Word promises is then made real in the natural realm through the conduit of our faith.

To close out today I want you to once again insert your name in the following passage. Then say it out loud - only this time I want you to close your eyes and imagine God fulfilling His promise to you.

And the Lord visited _____ as He had said,
and the Lord did for _____ as He had spoken.

Genesis 21:1





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Week Four
Friday

Today we want to put into practice fighting the good fight of faith with the promises of God. First identify a problem, pain point, need, or desire you presently have that you want to see God move powerfully in. Choose a promise below (or look one up) and then take time to meditate on it by using the outline on the following page. Once you are done write the verse in the space below or on a 3 x 5 card. Keep the promise handy so that you can combat doubt and unbelief by praying and affirming God's faithfulness to His promise. Prepare your heart and mind to "see" the glory of God.

PROVISION

2 Corinthians 9:8
2 Peter 1:3

PEACE

Psalms 29:11
John 14:27

CHILDREN

Isaiah 8:18
Acts 16:31

DELIVERANCE

Luke 4:18
2 Timothy 4:17-18

HEALING

Psalms 103:1-3
Matthew 9:35

FORSAKEN

Deuteronomy 31:6
1 Samuel 12:22

STRENGTH

Psalms 118:13-14
Philippians 4:13

SHAME/LOSS

Isaiah 61:7
Isaiah 54:4

HEART'S DESIRE

Psalms 20:4
John 15:7

LEADERSHIP

Psalms 32:8
John 16:13



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Week Four



DATE

READ IT

WRITE IT



SAY IT

APPLY IT

PRAY IT

