



Sarah

Barren to
Full of Faith



Getting Started

- I recommend using a 3-ring binder for the study guide.
- Link for weekly study guide will be emailed on Sundays so you have time to print it out for the week.
- The study guide is broken down into 5 lessons per week.
- Tuesday's study is reserved for the livestream. A link where you can join in the livestream will be emailed at 7pm (PST). If you are unable to join the livestream you can always watch at a later time (but I would love for you to join us)
- If you are new to Bible study I want to welcome you. Please feel free to email me with any questions you may have and I will do my best to assist you.
- Trust the Holy Spirit to lead you - be sure to begin your study time with prayer.
- Last but not least please know I am praying that you will not only enjoy this study but grow in your faith through it.





Sarah

Week One
Monday

If Abraham was the father of faith Sarah is the mother. Counted among the heroes of faith in Hebrews chapter 11 Sarah is remembered and memorialized as a woman who believed God. She didn't just believe in God she believed what He said!

Even as I write this my heart is deeply stirred with a yearning to live a life that is dramatically marked by "believing God."

How about you? Is something in your heart stirred when you consider the implications of living a life marked by stepping out onto the waters of faith, at the word of the Lord, to discover over and over again the unchanging faithfulness of God?

However, as we shall soon see, Sarah did not begin her journey with mountain-moving faith. Her story, like ours, had a beginning, middle, and an end. Her faith grew over time and through the experience of walking with God. Her journey from barrenness to becoming a faith-filled woman who gave birth to a miracle child was a process. As we trace her journey over the next 5 weeks we shall see her story is filled with the rawness of human weaknesses combined with the faithfulness of God. In fact, the hero of this story is not Sarah or Abraham but God! Without Him, there could be no miracle and the same is true for us.

Hebrews 11:11 is the theme verse for our study of Sarah. So today, I want you to begin by taking some time with this passage. On the following page, you will find an outline to- read it, write it, say it, apply it, and pray it. This will be a model that we will use frequently throughout this study, so I have it outlined for reference below.

- Read it: Read aloud the specified passage.
- Write it: Write out the entire verse.
- Say it: Rephrase the passage in your own words.
- Apply it: How will you respond? What will you do?
- Pray it: Record your prayer confirming your response.





Sarah

Week One

DATE

READ IT

WRITE IT

.....

SAY IT

APPLY IT

PRAY IT





Sarah
Week One
Tuesday

Live Stream

Verses

Topic

Points To Remember





Sarah

Week One

Wednesday

Central to Sarah's journey from barrenness to being filled with faith was knowing and being convinced of the faithfulness of God. Circle the word **faithful** in the theme verse printed out for you below.

"By faith Sarah herself also received strength to conceive seed, and she bore a child when she was past the age, because she judged Him faithful who had promised."

Hebrews 11:11

One of the cherished attributes of God is that He is FAITHFUL!

I want you to look up the word faithful in a dictionary and write out the definition here:

.....

Now look up and read the following two passages describing the faithfulness of God. Then choose one of these verses to meditate on using the outline on the following page.

- Deuteronomy 7:9
- 2 Timothy 2:13





Sarah

Week One

DATE

READ IT

WRITE IT

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SAY IT

APPLY IT

PRAY IT



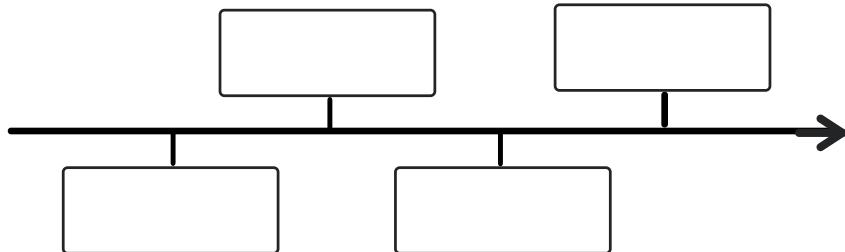
Sarah

Week One
Thursday

God often uses the journey to prepare us for the miracle. Sarah's (formerly Sarai) journey to conceiving and giving birth to a miracle child was a long one (approximately 25 years) with various stages. Today I want us to take a little time to look at the first stage of her journey with Abraham.

Stage One of Sarah's Journey

1. Read Genesis 11:31 – 12:7
2. Then on the timeline below write down in sequential order the names of the 4 locations we are given that Abram and Sarai traveled.
3. Now read Acts 7:2-4.
4. Using the information from both passages draw a cloud on the timeline of when God appeared to Abram. (note Ur is in Mesopotamia)



As you can see in this first stage each move was marked by an encounter with God.

“I will instruct you and teach you in the way you should go;
I will counsel you with my loving eye on you.”
Psalms 32:8

In closing write out a prayer to God thanking Him for His faithfulness to lead you in the way you should go:





Sarah

Week One

Friday

You in Your mercy have led forth the people whom You have redeemed; You have guided them in Your strength To Your holy habitation.

Exodus 15:13



Today I want us to close out our study for this week by taking some time to reflect on God's faithfulness to lead you to where you are presently. This is a vital component of faith building – remembering how He has been faithful and true in our history helps us to know personally He will be faithful and true in our future.

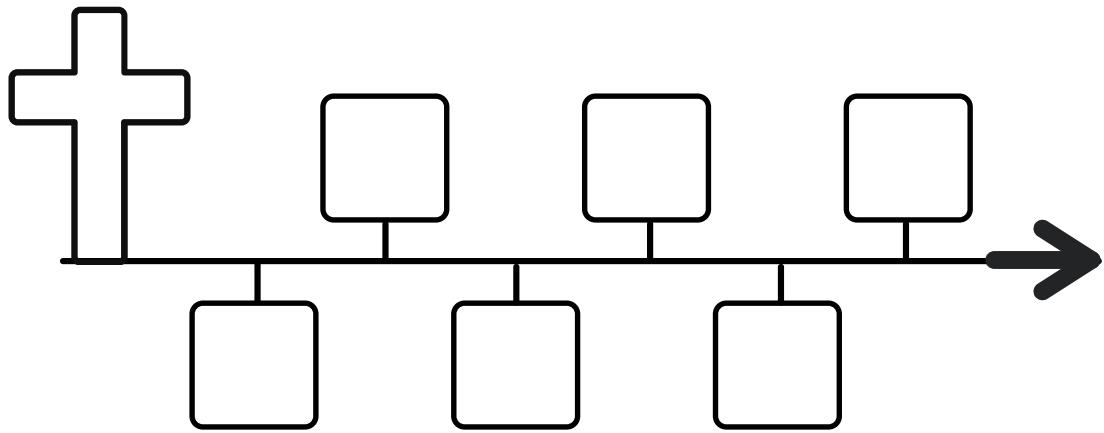
1. Looking at the timeline below I want you to think about your personal journey with the Lord up to this point. Beginning with when you first heard the call of God to follow Him write the date or how old you were in the cross at the beginning of the timeline. (If you have never made the decision to surrender your life to Christ please read through the last page)
2. Write the current date at the end of the timeline where the arrow is located.
3. List in sequential order any life-shaping, course-altering circumstances you have had with the Lord on your journey. This might be trials you have walked through, memorable answers to prayer, unexpected blessings, peace in a storm, provisions etc.
 - a. Write the number for each occurrence in the boxes on the timeline and then record a brief description on the line below next to the corresponding number.
4. Using the lined paper on the following page write a letter expressing your gratefulness to God for His faithfulness to you.





Sarah

Week One
Friday



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____





Sarah

Week One

Friday





Deciding To Follow Jesus

Choosing to receive Jesus Christ as your Lord and Savior is not only the most important decision but the best decision you will ever make.

The Word of God says,

“if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.”

Romans 10:9-10

“For whoever calls on the name of the Lord shall be saved.” Romans 10:13

The grace of God, given to us in Jesus Christ, has already done everything to provide salvation. Your part is simply to believe and receive.

“For by grace you have been saved through faith, and that not of yourselves; it is the gift of God.” Ephesians 2:8

If you are willing the Lord has opened the door wide for you to enter into salvation. You can pray this prayer out loud from your heart:

“Jesus, I confess that You are my Lord and Savior. I ask You to forgive me of all of my sins and receive me as Yours. I believe in my heart that God raised You from the dead. By faith in Your Word, I receive salvation now! Thank You for saving me and making me part of Your forever family!”

The moment you commit your life to Jesus Christ, you become a new creation and a child of God.

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.” 2 Corinthians 5:17

“But as many as received Him, to them He gave the right to become children of God, to those who believe in His name” John 1:12

If you just made this decision it is important to share it with others. I would love for you to share it with me! Please take a moment to email me and let me know:
4hisbeloved@att.net

