



Sarah

Barren *to*
Full of Faith



Week Five



Sarah

Week Five
Monday

God's Faithfulness Extends to Every Generation!

In this final week of our study, on the life of Sarah, I want us to take a look at the far-reaching effects of the promises God gave to Abraham and Sarah. As you shall see the ramifications are staggering!

But first today let's take time to celebrate with Sarah!

And the Lord visited Sarah as He had said, and the Lord did for Sarah as He had spoken. For Sarah conceived and bore Abraham a son in his old age, at the set time of which God had spoken to him.

And Sarah said, **“God has made me laugh, and all who hear will laugh with me.”**

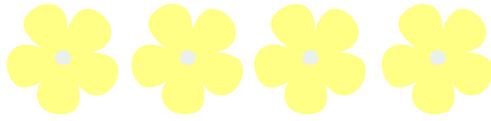
(Genesis 21: 1-2, 6)

Sarah's laughter (in this passage) is an overflow of joy and gratitude toward God for His faithfulness to her! The birth of Isaac was the first fruit of God's promise to Sarah, “she shall be a mother of nations; and kings of peoples shall come from her.”

I want us to rejoice (or laugh) with Sarah by doing some creative scripture writing. I believe Bible study should not only be instructive, but it should also be engaging and fun!

So today I'd like you to look up and write out Isaiah 54:1-3 on the following page. After you have written it out then decorate it using the Bible journaling embellishments included in this week's lesson. Feel free to add your own additions and colors. Most importantly ENJOY your time with the Lord being creative. Fellowship with Him and allow Sarah's laughter to become your own.

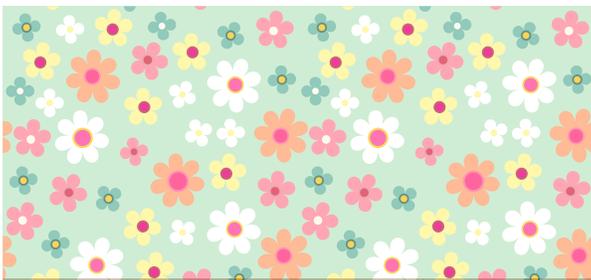
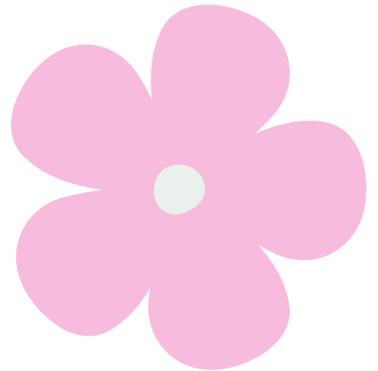
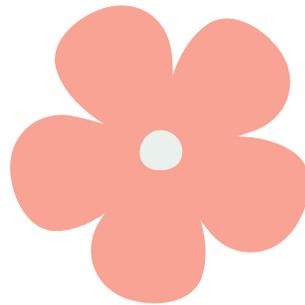
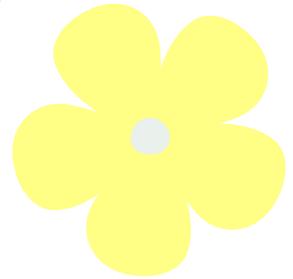
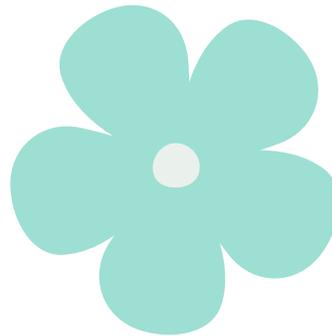
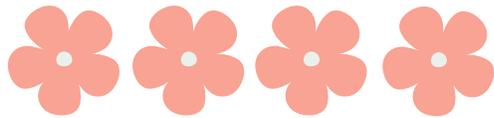




Sing!

Rejoice!

LAUGH





Sarah

Week Five
Tuesday

Live Stream

Verses

Topic

Points To Remember





Sarah

Week Five
Wednesday

Waiting on the fulfillment of a promise can be difficult. As we wait it is important to understand why the delay may be necessary. Today I want us to take a closer look at Abraham and Sarah's delayed promises.

Read Acts 7:1-5

According to verse 5 how much of the land did Abraham receive for himself? For whom was the inheritance to be given as a possession?

Read Hebrews 11:8-16

According to verse 13 how did Abraham and Sarah die?

Did they receive the fulfillment of the "promises?"

How did they embrace the promises?

According to verse 16 where was their hearts and hope anchored?

Read verses 11:39-40

According to this passage why was delay necessary?

Critical to understanding the ways of God is recognizing that delay is not denial!

On a scale of 1- 10 how significant were the promises God made to Abraham and Sarah?

Circle one: 1 2 3 4 5 6 7 8 9 10

Make it personal by writing your name in the blanks below.

And all of these, though they won divine approval by [means of] their faith, did not receive the fulfillment of what was promised, Because God had us (_____) in mind and had something better and greater in view for us (_____) so that they [these heroes and heroines of faith] should not come to perfection apart from us (_____) [before we could join them]

Hebrews 11:39-40.





Sarah

Week Five
Wednesday

Write out a prayer expressing thanks to God for His delayed promises:

A large rectangular area with a pink border and horizontal lines, intended for writing a prayer.





Sarah

Week Five
Thursday

Though the promise God made to Abraham and Sarah involved physical descendants (*I will make you a great nation* Genesis 12:2), more importantly were the spiritual implications (*in you all the families of the earth shall be blessed* Genesis 12:3b). Today we will look at how we are benefactors of those promises.

Read Galatians 3:5-9 then answer the following question.

How are we connected/related to believing Abraham? Write out verse 9 as your answer. Circle the word **faith**.

Read Galatians 3:13-14 then fill in the blanks below. Circle the word **faith** in the following passage.

Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree"), that the _____ might come upon the Gentiles in Christ Jesus, that we might receive _____ of the Spirit through faith.

Read the following passages from **Galatians 3:26-29**. Underline **sons of God**, **Abraham's seed**, and **heirs**. Circle the word **faith** and put a box around **the promise**.

For you are all sons of God through faith in Christ Jesus. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's seed, and heirs according to the promise

Note

**Christ is the Seed*
(Galatians 3:16)*

He is also the fulfillment of the promise.

(The root and the offspring. The Beginning and the end.)





Sarah

Week Five
Thursday

Abraham and Sarah looked forward to the promises being fulfilled (Hebrews 11:13) while we look backward to the cross (Galatians 3:13-14). Together we make the complete family of God. To help us see this truth more clearly I am using a tree to illustrate

We are all part of the family of God. The O.T. family of God wasn't complete. They were waiting on Jesus to come and complete them. Now that Jesus has come and our redemption is complete, we, as N.T. believers, complete them.
~Living Commentary

Look at the Family Tree - notice **the promise, Christ,** and **the family of God.** According to Galatians 3:26 what is the link between the "sons of God" and Christ? Fill in the word. _____

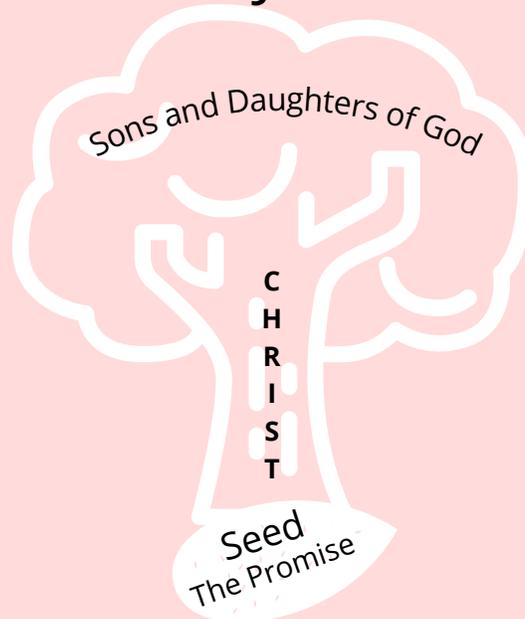
- Write this word on the branches connecting the trunk to the treetop.
- Write Abraham and Sarah's name under "sons and daughters of God."
- Read Galatians 4:28 and add the name mentioned.
- Add your name.

Look up the verses over each box below and note in the boxes what you learn about **the promise.**

Romans 4:13

Family Tree

Ephesians 3:6



Romans 9:6-8

Galatians 3:22





Sarah

Week Five
Thursday

Are you beginning to see how significant the promises God made to Abraham and Sarah were? One thing is for certain- the Lord's plan is always far greater than we imagine.

From what we have studied how vital is "faith" to the plans of God?

How important do you think *your faith* is in what God has for you to accomplish in life?

So then faith comes by hearing, and hearing by the word of God.
Romans 10:17

Trust (lean on, rely on, and be confident) in the Lord and do good; so shall you dwell in the land and feed surely on His faithfulness, and truly you shall be fed.
Psalms 37:3 AMPC

Because faith is vital to our journey we must always be mindful of doing what we can to grow in faith. Consider the above passages and write down what you can do to nurture your own faith.

Record a prayerful response in the space below





Sarah

Week Five
Friday

**Sarah lived one hundred and twenty-seven years;
these were the years of the life of Sarah.
Genesis 23:1**

Sarah lived a full life. When they laid her 127-year-old body in the grave I imagine her feet were calloused and worn- speaking volumes about the life she had lived. Toughened from traveling numerous miles across a vast terrain alongside her husband together they courageously ventured into new territories. Her life was far from ordinary.

Choosing to live a life as a nomadic tent dweller, moving countless times, Sarah never knew the security of calling a plot of ground her own. There were no picket fences and home-grown gardens. No settling into a comfortable routine. The seasons of her life were marked by drought and plenty along with the harsh realities of living in a land filled with Canaanites.

In spite of all this, if we could ask Sarah if it was all worth it, she undoubtedly would say YES! For time and eternity. I am certain she would tell us that living a faith adventure with God is worth everything and anything it may cost. Although her life was anything but lavish and cushy she came to know the faithfulness of God, see the miracles of God, and believe in the promises of God. And the legacy she left us has impacted countless lives for time immemorial. Her faith story continues today through Christ and has become a foundation for our own faith stories.

**By faith Sarah herself also received strength to conceive
seed, and she bore a child when she was past the age,
because she judged Him faithful who had promised.**

Her life is memorialized in this passage which has been our theme verse for this series. Today, I want us to close out this series by taking time to reflect on our own journey of faith.





Sarah

Week Five

Friday

Ponder the questions below then write out a prayerful response on the following page.

Sarah's story is dramatically shaped by learning about the faithfulness of God. Reflecting on her story what are some of the ways she learned about the faithfulness of God? How are you learning to trust God more and more?

How important was faith in her story? How are you walking by faith presently?

Sarah was willing to leave the familiar to experience the adventure. How are you stepping out and taking adventures with God presently?

Sarah is remembered for her faith. Consider how you would like the following passage to be written to reflect your own life story.

By faith Sarah herself also received strength to conceive seed, and she bore a child when she was past the age, because she judged Him faithful who had promised.

Hebrews 11:11

By faith (_____) herself also received strength to conceive (the promise), and she (_____) even though it was impossible, because she judged Him faithful who had promised.





Sarah
Week Five
Friday

A large rectangular area with a double-line pink border and rounded corners, containing 25 horizontal white lines for writing.



Thank you for joining me for this study of Sarah! It has been a sweet and rich journey for me. My prayer is that you come away from this study with a deeper revelation of the faithfulness of God and have had your heart encouraged through His precious and priceless word

I hope you will plan to join me for future studies. Every Tuesday evening I go live on Youtube with a fresh message from the word and I would love for you to join me.

Connect:

[Youtube.com/lisacook](https://www.youtube.com/lisacook)

4HisBeloved.org

For resources:

etsy.com/shop/4HisBeloved